

Behavioral Health Advisory Council of Virginia

Twin Hickory Library
5001 Twin Hickory Rd
Glen Allen, VA 23059

MINUTES OF THE MEETING OF APRIL 17, 2013

I. Attendance

Present: Becky Sterling, Rick Gilbert, Anthony Duncan, Bonnie Neighbour, Wayne Barry, Catharine Harrison, Katharine Hunter, Margaret Anne Lane, Kathleen Levenston, Sherry Confer, Rhonda Thissen, Lynn Delamer, Anne Edgerton, Will Gallik, Pat Griggs, Shannon Haworth, Susan Fletcher, William Williams.

Absent: Susan Williams, Mira Signer, Ann Cutshall, Tammy Farmer, and Lisa Moore, Livia Jansen.

II. Guests

Mary Vaughan, Mellie Randall, Susan Pauley, Amanda Rode, A.C. Cosby, Marina Caro, Jane Ellis, Heather Seaman.

III. Opening of Business

President Becky Sterling called the meeting to order at 10:03 am.

IV. Minutes of the Previous Meeting

President Becky Sterling asked for a motion to approve the minutes. Secretary Rick Gilbert stipulated to several typographic corrections on page 2. Lynn Delamer motioned the minutes be accepted with these typos corrected, Katherine Hunter seconded and the minutes were unanimously approved.

V. Welcome, Introductions, Public Comments, and Announcements

There were several guests present and everyone introduced themselves around the room. A discussion of Departmental Memberships ensued in which Rhonda commented that DCJS had been contacted and she is awaiting their response. Becky Sterling commented that VOPA has requested an organizational membership which requires a change to BHAC bylaws. She asked for a motion to amend bylaws to include VOPA as a member organization. Rick Gilbert so motioned, Lynn Delamer seconded and motion was carried. It was noted that Amanda Rode has forwarded an application to the Secretary which will accompany him to the next meeting for membership review.

Becky Sterling stated that committee meetings will take place at the end of these council meetings.

Will Williams was introduced to the council as a representative of the Substance Abuse Services Council (SASC), an organizational member of the council. Will is the Chairman of the SASC, a state mandated council similar to the BHAC, but whose members are appointed by the Governor. Will works in innovative, peer focused substance abuse programs offered by the Fairfax County CSB.

VI. Block Grant Report, DBHDS Report

Rhonda Thissen asked Mellie Randall for an update on anticipated cuts due to the federal sequester. Mellie explained that they still don't have anything specific other than the 'formula' information. This means that they are estimating the actual numbers based on what they do know from the federal government which is also not finalized at the federal level.

In other matters, Mellie explained that the General Assembly has appropriated funds for Mental Health- Justice collaboration programs including Jail Diversion, CIT and gap funding. Mellie suggested we ask Victoria Cochran to come and brief us on the development of CIT programs around the state at a future meeting.

Mellie also advised that the department has been given 10K for a pilot program exploring the use of injectable Naloxone to treat overdoses of narcotic medications.

DBHDS Report (continued after lunch)

Susan Pauley, DBHDS Behavioral Health Program Consultant to the Office of Substance Abuse Services reported on BRSS TACS. In September 2011, the Substance Abuse and Mental Health Services Administration (SAMHSA) awarded the Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) contract to the Center for Social Innovation (C4). The funding award, through C4 and its partners, establishes The Recovery Breakthrough Collaborative, a consortium dedicated to promoting wide scale adoption of recovery-oriented supports, services, and systems for people in recovery from substance use and/or mental health conditions.

Pockets of excellence within states and communities have emerged that incorporate person-driven, recovery-oriented, trauma-informed, and culturally competent systems of care. BRSS TACS will encourage and support the wide-spread adoption of recovery-oriented systems of care across the United States and will serve as a coordinated effort to bring recovery to scale.

Virginia is one of eight states that was accepted into the Policy Academy which is made up of DBHDS executives, a CSB director, and peer advocacy representatives. Their primary focus is to ramp up the transition to a Recovery Oriented System of Care (ROSC). Their secondary focus is the blending of mental health and substance abuse

services. Their first forum, to which about 125 people will be invited, will be held in Roanoke in November.

- VII. Promoting Advance Directives** – Rhonda Thissen delivered a Power Point presentation in promotion the mental health community's use of Psychiatric Advance Directives. Power Point presentation attached.

VIII. Committee Reports

Instead of the various committee breakdowns, members divided into an Adult Services group and a Children's Service group in order to establish criteria for the CSB Review Team to take part in upcoming audits as agreed upon by the council at the February meeting. Each group will return to the next meeting with a list of questions to be reviewed by the council for use in the CSB Review.

IX. Adjournment

The meeting was adjourned at 3:14 PM